ists do; she didn't start instrumental lessons as a child in early public school and private lesson situations before college. In fact, for Rieckermann the saxophone as an instrument of study didn't start until her 21st birthday, in 1987, which was when she decided she wanted to play it. For Rieckermann, having to make up for lost time meant she attacked practicing with a drive and unconstrained force few musicians possess. For help she attended the Yamaha Music School in Hamburg, Germany, the Kontaktstudium Popularmusik also in Hamburg, and the Berklee College of Music in Freiberg, Germany. After some early success in Germany, she had worked live with the German band The Scorpions in 1997 (in which her older brother Ralph was the bassist), and as a guest soloist with the 18 Wilson, Thelma Houston, Aimee Allen, Rue Paul, hit producing

of performers she's worked with is astounding. These activities

mann didn't achieve any of her success the way most saxophon-

are made all the more mesmerizing when you learn Riecker-

king David Foster, and jazz artists Tom Scott, Sal Marquez and Arturo Sandoval. Rieckermann has also worked with country star Reba McEntire, blues great Johnny Lang, and Hollywood music hotshot Randy Newman. As if this isn't enough, she is also fluent

in four languages. Anything Rieckermann has achieved has come from her own hard work and sweat. There's a lesson in Rieckermann's story for all of us; it's never too late to reach for the stars if you're willing to devote yourself, heart soul and mind, to your

I've been asking saxophonists lately about their choice of instru-

recently started playing a Cannonball tenor as well as a Selmer.

they were very new in the market. It's a great alternative to a

Selmer. I love the sound; very rich, and great for rock 'n roll.

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You didn't pick up the saxophone until you were 21, but your

brother is a musician. Do you come from a musical family?

Why did you choose to add a Cannonball to your equipment

ment. With all of the great saxophones on the market today, you've

I was introduced to the Cannonball a couple of years ago when

Not at all. As a matter of fact my parents didn't want me to do

music. I wanted to start playing piano and saxophone when I was

about 12, but since my brother was already a musician, he's older

than me and started to play the guitar when he was 12, and since

make music then they get wild," so they wanted me to be more of

a serious person and kept me away from playing an instrument.

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he was a wild rock and roller my parents thought, "If children

passion.

to so quickly gain the proficiency you have? From the beginning I couldn't say I would become a professional musician because I wasn't even able to play a C major scale. After a year I was able to play all the scales and I started to understand music theory a little better, but I only, in the beginning, practiced for an hour or 90 minutes every day. I started with

One night her friend Andy Hess, of the Black

business set in; Rieckermann not only had only three days to

learn the entire show from a live tape of previous shows, as there

was no music to practice from and there weren't going to be any

had to be placed on the trucks and sent ahead to the first concert

rehearsals, but she also had to do it on borrowed horns as they

venue; thankfully she was able to keep her mouthpieces and

use them during that three day period. To make matters worse

she had to settle her financial affairs in those same three days

a return trip home.

ment?

because the tour was to last for three months with no time off for

Since then Rieckermann's life has flourished in ways she could

only have dreamed about. In addition to Stewart, she has worked

with country music stars Brooks & Dunn, had a recurring role

on Fox's Ally McBeal, appeared in the feature film Star Trek:

Nemesis, played for the Queen of England, worked with Dave

Stewart and his Rock Fabulous Orchestra, ex-Beach Boy Brian

You started to learn the saxophone as an adult. What advice

would have for others who are adults and want to learn an instru-

If you want to do it professionally, which at that time I did want to do even though I had no musical background whatsoever,

you have to really want it because, obviously, you'll have a lot of

What kind of a practice schedule did you put yourself on in order

catching up to do. You'll have to practice very hard.

May/June 2010

some lessons, easy stuff, so I could understand the saxophone, but then after a couple of years, when I decided I really wanted to become a professional musician, I quit everything else to focus on music. I had previously attended university and graduated after studying English. Then I went on to study media stuff, but I

always put in the time to practice. When I was practicing the saxophone I was always thinking

about how I should be studying at the university, and then when

I was in the library at the university I was always thinking how

I really wanted to be practicing the saxophone. At one point, after a couple of years, I said, "You know, I'm just going to try to pursue this music thing," so I found a job as a secretary. See, when I was 21, at the same time I started to play the saxophone, I also went to school to learn how to become a foreign language secretary in four languages. I did that for a year, but later, when

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It's obvious, from listening to you, that you have great ears. Did

and through the lessons I was doing the typical Aebersold materi-

You eventually worked live with The Scorpions in 1997, and then

with the Canadian rock band Saga on their Scandinavian tour.

Yes, but let me explain these gigs. My brother was the bass player in The Scorpions, and they asked me to play saxophone on a cover of an Elvis Presley number they were doing. That was

> my only appearance with them, just a onetime thing. With Saga my boyfriend, at the time, was touring with them so I was on tour with the band only because I was

with him. I had brought my saxophone on tour so while the band was doing sound checks I would go into the bathroom and

practice. The keyboard player at the time also played clarinet and had a clarinet solo

during the concerts. He said, "You should come up on stage and jam with us." So

While here my brother introduced me to all of these amazing rock musicians; like the guys in Guns N' Roses and Toto. The whole rock and roll crowd is not very jazzy, which is interesting because at that time I was still practicing Coltrane. But I got to jam with those people and loved it, so I

Were you also going to jam sessions at the

decided to move full time to L.A.

same time?

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approached the saxophone like work. No, I didn't, and I don't think my ear training is that great. I Then after a couple of years of doing that and supporting myplayed by ear at times, but in the beginning my theory was not self as a secretary, I got a gig playing in a band and was barely that great. Actually I'm catching up on that now. able to support myself as a working musician. The band was a very successful marching band and we worked every weekend. I How did you study improvisation when you were starting out? was able to support myself with those gigs but not in any kind of That was up to my teacher. I was taking lessons once a week a big time lifestyle, but I was able to get by. So I quit my secre-

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als.

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I wanted to devote myself to music, I found a part-time job for

four hours a day and spent the rest of my time on saxophone. I

tarial job and was able to put myself, for the next two years, on a

then for the next 45 minutes I would practice something else, and

practice schedule that allowed me to work on the saxophone for eight hours a day. I put myself on a tight schedule. For example,

I would practice such and such for 45 minutes every day, and

Saxophone Journal

20

in the music business?

10 years ago.

you."

attitude problems?

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Chris Tedesco. He said there is plenty of work to go around to the

musicians who show up in town make mistakes that leads them to

washing out rather quickly. What advice would you have for other

saxophonists who want to move to Los Angeles and try to make it

I think he's referring to attitude. The only advice I can give

here is to do what I did. You have to get out and meet people and

play and play and collect phone numbers and give out your phone number. You also can not change your phone number every year; keep the same one. I've had the same cell phone number every

year since I bought my first cell phone. Even though I've moved a

lot I keep the same number and I will get calls from people I met

Have you run into a lot of musicians with

Yes. People treated me differently after I got the gig with Rod. When they found out I got that gig they, all of a sudden, were very friendly and respectful, but before that they were, "Uh, yeah, who are

One of the early gigs you got was playing in

It wasn't like a gig, though it was for a second. I would always go and sit in with those guys. They had gigs and I would go every week and play a couple of numbers with them. I got to know a lot of the guys

Actually, I wasn't. I've always pursued

the writing of my own material; nothing very fancy, but music that includes my own ideas. I had just recorded three of my own tunes and just happened to have the disc with me. Nothing really ever hap-

pened with those three tunes because I

Carmine Rojas.

early lessons.

never pursued the smooth jazz market because, and to be honest here, I never really liked that music. My music was always a little more edgy, but I had just finished the disc and happened to have a little press packet in my car and I gave that to

After you were hired to play in Rod Stew-

Jeff Goldblum's jazz band.

is that I think the best thing you can do if you want to make it

musicians in the area, if you're talented, but that a lot of young

that was how I played with them. From smaller events have careers been made. When you moved to Los Angeles did you move in with your brother because he was already there, and did he help you make musical contacts? Yes I did. My parents had bought a

house in Los Angeles. Following a tragedy in the family my father sold the company he was running and decided to buy a house in America. That was the reason to come. I came over here just to visit, but my parents had already furnished me with my own bedroom and bathroom in this really nice beautiful home they had purchased.

When I first moved here I didn't really know anybody, so for the first two years I would get up in the morning, practice for a couple of hours, then at night I would find a bar or a restaurant and introduce myself to the band. I'd say, "Hey, I'm Katja, I just moved here, can I sit in with you?" I got to know a lot of people that way. I had the opportunity to interview Los Angeles and Hollywood studio trumpeter May/June 2010 who you are, and can people hang with you; are you a friendly person. Because of this Rod said, "Well, maybe we should get a girl." So they hired a girl the production manager knew. So they did rehearsals with her before the second leg of the tour. When I met Rod's music director, Carmine, this had already been set up; they had the girl and had scheduled 10 days of rehearsals with her. On the last day of those rehearsals Rod decided he wanted a

different saxophone player. That's when I came in, after all those

Once hired you only had three days to learn the music to his show from just tapes of the concerts. As a way to help others who may

find themselves in similar situations, or don't understand how the

real world of music works, what process did you use to learn all of

rehearsals had been completed and were over and the band was

to start the second leg of the tour in three days...

By RS Berkeley

Alex Foster

"Saturday Night Live"

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in the band and would hang out with I read that the way you were hired into Rod Stewart's band was that you gave a demo to Rod's musical director and that started a chain of events. At that time were you giving your demo out to a lot of different people.

art's band you didn't get any rehearsal time with the band. The thing is that they had already hired a girl saxophone player. When the tour started they had a guy and there was a problem with his attitude. He was a great player, but he was hard to get along with on the road. On the road it's all about Cavanhone Journal the music in short a short time span? That's a good question. I just listened and learned the parts. I used to transcribe solos all the time when I was younger, listening to them and learning them by heart. I think my training

Sherman Irby "Lincoln Center Jazz Orchestra"

Tim Ries

"The Rolling Stones"

for Prince Charles a couple of times. I don't really remember because they all get very blurry and I have a horrible memory. Sometimes I forget things. I've done a bunch of high profile gigs, but there is nothing anymore special for those than any of the other high profile gigs. from those transcriptions came in handy. I had developed a good ear, could memorize parts and learned songs. My ears had really You've also played with Brooks and Dunn. How did that come improved from when I first started working on ear training in my about? That kind of happened by accident. I was cast for the video of the song, You Can't Take The Honky Tonk Out Of The Girl; it's I interviewed Rick Braun a few years ago. He had played with more of a rock n' roll song. You can see it on YouTube. When I got Rod and not only loved working with Rod but also loved the whole there to do the video shoot, you know how it is on a video shoot and how it takes forever and there is a lot of waiting around, well I didn't know anybody and was just standing there so I started to play a little bit because I got bored. Then one of the leaders of the band came to me and said, "You really play?" I said "Yes." They thought I was just an actress or model and somebody put a saxophone around my neck. They were cool and wanted to know who I played with. I mentioned Rod and they were impressed and said, "You know we might call you because we're going to do these TV shows, The Today Show, The Country Music Awards Show and The People's Choice Awards," and we'll need a sax player. They don't normally carry one in the band because the saxophone is not a country music instrument. So that was how I got in with a number of high profile gigs. I was wondering if you could talk the band on those TV shows, but I never really did a concert with a little about the schedule and behind the scenes things you have to do when you're on some of these gigs. For example, when you them. performed with Rod on The Tonight Show With Jay Leno, what In preparing for those gigs was there a difference in the way you time did you have to arrive at the studio and what was that day's approached the saxophone in playing in front of a country band as schedule, even though you're just doing one number on the show? opposed to when you're with Rod? No, because that song is more of a rock and roll song. It's a cool rock and roll song, not really country. I want to ask about your solo recording, which is really great. Your playing on "I'm Not In Love" has a big deep and at times almost Texas tenor growl to it. When I read your list of influences I didn't come across Illinois Jacquet, Buddy Tate or Ronnie Laws, but I was wondering if they and that big Texas sound were part of your early influences? I play alto on that number, but that sound is totally part of my influence. I love Ronnie Laws. When you went into the studio was there an overriding concept you had in mind with regard to what you wanted the end product to be? Not at all. I'll tell you how it all happened. I started working with J.C., Jeff Caruthers, as a producer, and we started with the cover tunes first, "Casablanca" and "Reminiscing." We did those just for the hell of it, because he really wanted me to do a smooth jazz album because he's one of the big smooth jazz producers. We started slowly because there was really no budget involved. Then it got put on hold; we had two tracks done. Then a year later I went into the studio all by myself, hired some musicians and produced two of my own tracks, songs I wrote, "Tribute To Michael," and "And Then There Was Harry."

> experience like for you as you were shooting Star Trek: Nemesis? That was incredible, amazing, because I grew up with Star Trek and Captain Kirk. I used to love that TV show. I was cast, but it was just a sideline thing, no big deal. It was just one day on the set; I played saxophone in the wedding band. I got to wear one of those suits and one of those beam-me-up-Scotty kind of things; I don't know what you call it. They spent three hours to fix my hair in order for me to look futuristic. It was awesome. What was the difference between that experience and the recurring character you played on Ally McBeal? It was pretty much similar. I know it sounds really glamor-

have to be on. With TV and movies it's all about...

Hurry up and wait.

ous, but it really isn't. Both experiences involved a lot of sitting

around and waiting for a long time, and then all of a sudden you

Right, and then all of a sudden you have to be there and you're

sax case without disturbing

just sitting there either getting hot or cold. Then a lot of the time I'm on stage I only have a solo. Then sometimes I play bari on a few numbers but when I have a solo I have to quickly switch to a different instrument and it will be cold. Sometimes I'm hit or miss; I just hope I've adjusted the instrument to make up for the conditions. How does the compositional process work for you? Yes. I used to always have a problem with that. In the first cou-My song "Tribute to Michael," for example, was written after I had just gotten my first little music program. I sat down and started with a groove, then came up with a bass line, and then I composed the rest. I actually composed that song on the keyboard

> he passed away. of an artist keeping a website?

because a lot of Rod's fans became my fans. I asked myself if I wanted to befriend people I actually know or should I use it to promote myself, and I chose the second option. Now I have about 1,500 friends and sell my CDs through the site. That's a good question. To be honest, I don't think about phras-

That's a 9 to 5 job. It's a whole work day. You get there about 10 in the morning. You have a sound check and sound rehearsal with the microphones at 11, then the artist comes in and you run And those are great, you are an incredible songwriter. Thank you. That was the first time I worked as a producer, You played with Rod for the Queen of England. In the United telling the guys what I wanted them to play, blah blah blah. For States there are all sorts of security issues for those involved in me it was trial and error. So now I have four tunes done, but my playing music at an event where the President is going to attend. two new tunes really have nothing to do with the songs I did with Was there anything about that performance or that day's schedule J.C. Then I had the idea of covering Rod's Do You Think I'm Sexy. that was handled differently because of her presence? So I did that with J.C. After that was finished I went to Rod and It was tight security, but there weren't that many people gave him a CD with that cut on it. I told him I had covered one around. If I recall it was at Windsor Castle, but I'm not sure beof his least favorite songs; he doesn't exactly hate it, but he's not cause we've done a bunch of those types of gigs. We've also played May/June 2010 instruments, is there anything you have to do differently? Do you have to change your sound, use a different mouthpiece, do you

experience. At one point Rod even featured Rick in concerts. What is your experience with Rod like? He's been amazing to me. He's been incredible and really supportive, and was really proud when my CD came out. He was so nice. He'll announce my name after my big solos during his concert, and put the picture of my CD cover up on the big screen. He'll say, "Yes, she just released a CD that you can purchase at merchandising." I average 50 or 60 CD sales a night; because if you have 15,000 people in an arena and everybody sees it you get some good sales. He's been amazing, generous and supportive. With Rod you've played at a lot of prestigious venues as well as

very proud of it because he's a little embarrassed by it. But I gave him the CD to see what he thought. Also on the disc were some of the other tunes I had. This was one month before

the beauty part, which takes a long time.

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You're currently working on your new solo CD, and I understand it's going to be more Organize Your Home dance oriented. Yes, it will be completely different. It or Studio Space will be "electro-house" and very European sounding. I'm recording it in Europe. I'm actually going back to Germany on Store your sax cases with the rack Sunday to finish the disc. We have seven tracks and they're almost done. I'll go back for 10 days and hopefully finish the that's unique, practical and beautiful. project. As you're doing the new project and as Can hold 4-5 sax cases, depending on width

of recorded beds of electro music, as opposed to playing with or on top of acoustic Saxophone Journal on. I may be more sensitive to this than other writers because as a college teacher I've designed and continue to teach a course in Women In Music, but in a number of articles I read about Rod's concerts you're referred to as a tall, leggy blond. In one article you were even referred to as "the sexiest saxophone player to ever hit the concert circuit." Have you ever faced discrimination as a saxophone player because you're a woman in a mostly male dominated

ple of years people would come up and say how amazing I was,

even though I knew I wasn't; I knew I wasn't a good saxophone

player and they were only saying that because I'm pretty. That

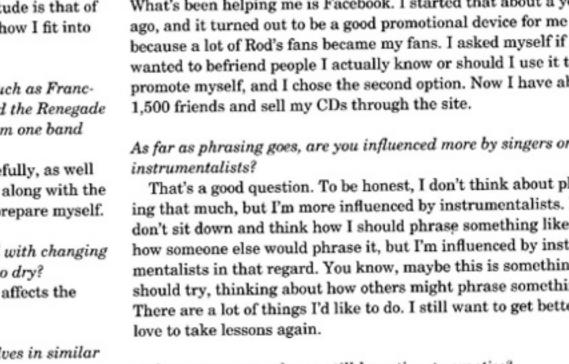
coming up in the business in L.A.?

instrumental category?

the guys' world. Posse. How do you prepare yourself as you move from one band and style to another band and a different style? I always study the next band's music really carefully, as well as the style of music they're playing. Then I'll play along with the

band's recordings. I take a lot of time to carefully prepare myself. You play a lot of outdoor concerts. How do you deal with changing from hot to cold and from really rainy and humid to dry? It's really hard. I don't like to do it, and it really affects the

Do you have any advice for others who find themselves in similar situations? I wish I did and that I could say something to help them. It's



change your embouchure, or do you use a harder reed? No. What is funny is that the producer I'm working with is working to make me sound smooth. I was thinking that I should sound hard, but he likes the contrast of having the saxophone have a sweetness to it instead of being harsh. Of course you could go in that harsh direction as well; it's just a matter of how you want to sound Since I will never be in a big time Hollywood movie, what was the

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horn has gotten cold again and it's out of tune, flat, or on hot

days the horn will go sharp. There is also the issue that when I'm playing with Rod I'm not playing the whole time, so my horns are

I was wondering if you could tell the readers about the importance Uh oh. Honestly, I have not updated my website in the last

As far as phrasing goes, are you influenced more by singers or ing that much, but I'm more influenced by instrumentalists. I don't sit down and think how I should phrase something like how someone else would phrase it, but I'm influenced by instrumentalists in that regard. You know, maybe this is something I should try, thinking about how others might phrase something. There are a lot of things I'd like to do. I still want to get better. I'd

rible with keeping up with stuff like that because I don't have a manager or agent or anybody helping me, I do it all by myself. What's been helping me is Facebook. I started that about a year

love to take lessons again. As busy as you are, do you still have time to practice?

saxophonist and musician. Lauren Sevian, a New York based saxophonist, told me she got tired of guys hitting on her because she was the only woman saxophone player in many of the bands she was playing in. Did you have to deal with that as you were Probably, but I wasn't hit on that much by my co-musicians. It was probably because I'm European and my attitude is that of being one-of-the-guys. For me I think it was about how I fit into You've also played with a number of other bands, such as Francesca and the Flames and Branscomb Richmond and the Renegade

tuning of the horn. hard. Many times I'm behind the stage warming up on cold days, and then by the time I actually get to play the horn on stage the

Yes. Then you know it's hard to practice because you're always tired, what with the schedule you're on. But I will go in

the tune once or twice for the camera. Then you have lunch, do makeup, and then the taping is not until 5 or so. You tape and then you're done. Is it the same kind of schedule when you appeared on Dancing With The Stars? They're all kind of similar. Those gigs are pretty much, all day things. However, for example, when we do the early shows like The Today Show or Good Morning America or The View, those are usually faster. Call times are very early; Good Morning America has a call time of 5 in the morning. It's brutal. The taping is at 8, but then you're out of there by 9. When I interviewed Jessy J, she said the one thing she was so impressed with and that most people don't think about is how much work goes into being a star singer. She mentioned that when she played with Jessica Simpson people didn't realize how much time Jessica puts into getting ready for concerts and TV shows with hair and makeup and fans, as well as all of the work she puts into her line of clothing. Do you see all of the extra work Rod does that most people aren't familiar with? I think it's a little different with males and female artists. Rod usually shows up after us. For women it's more work because of

we went on a big three year tour. The next day he comes back to me and says, "This is amazing. What are you going to do with this?" I said eventually I was going to try to put out my own CD. He said, "Well you should sell this at merchandising." That was an opportunity of a lifetime. How amazing would this be? So I called J.C. and told him what Rod had said regarding selling my CDs on Rod's tour. We only had one month to finish the CD because the tour was slated to begin in one month, but I also had to rehearse with Rod everyday that month. So in that month I went to rehearsal with Rod everyday during the day, and then every night I went into the studio and J.C. and

I recorded the last five tracks on the CD. Then I went on tour and

J.C. did the mixing and mastering the disc by himself, because I

was on the road. Also while on tour I organized the guy who did

the cover; it all happened fast. Three weeks later I received the

first shipment while we were in Chicago, and that was when I started selling the CDs. So all in all, there was really no concept

Still, it all works together. J.C. is a big name producer in the

ence with regard to what sounds good, and he made me sound

much smoother than I would have aimed for. He has a lot of

smooth jazz market. What did he bring to the project on the tracks

He made me sound really good. I didn't have that much experi-

behind the first disc.

where you worked with him?

experience with that kind of market.

you're recording it, is there anything about the process that surprised you, that you

change in this kind of music change every

couple of months. You have to stay cur-

When you find yourself playing on top

rent.

 Minimizes required storage space weren't expecting as you were putting the Easily store and access your music together? This kind of music is much more complex and complicated than you would other instruments think. It sounds like just a groove, but there is so much more to it. I'm finding Designed for use with that it takes much more time to do this all kinds of sax cases than my first record. There are hardly any live instruments on the new recording, except of course for the saxophone. It's all about the right sounds, and those sounds change every couple of months. For example, the bass drum sounds

made me sad. But then I turned it around and decided to play with what I have, it's a plus. To be honest, I don't think I would have the Rod Stewart gig if I didn't have the legs. Well, getting the gig is one thing, but they wouldn't have kept you around and in the band for so long if you were not a great

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and not the saxophone, but usually I compose the melody on the saxophone. That song was dedicated to Michael Brecker because the melody sounds like something he might have played, but then three years; not since my CD came out three years ago. I'm hor-

I take time to practice, and have been practicing more lately. When I'm on tour it's hard to practice. Have you ever toured?

> two hours before the band comes in for sound check, and I'll warm-up, but that's not enough time to actually practice if you want to get better. §

> > May/June 2010